

## **Intro to Zentangle® and ZIA on Your Sewing Machine**

**Phone: (520) 490-3417 (Texting is best)**

**Instructor: Rose Skelly**

### **Supply List for Intro to Zentangle®**

In the Intro to Zentangle® class you will be drawing. You only need to bring the pen set from supply list below. The instructor will bring the remaining supplies.

### **Supply List for ZIA on Your Sewing Machine**

Supplies except fabric are available at Cathey's.

- Pigma Micron Pen Set (3pc) (Contains sizes 01, 03, and 05 pens)
- 1 spool Sulky 30wt black thread
- Microtex 80 needles
- 1/2 yd quality 100% white cotton fabric (Kona cotton is good)
- Water soluble marking pen
- Open Toe foot for your machine (Not a free motion foot)
- Floriani No Show Mesh Fusible White Stabilizer (If you prefer, you can use a square each of Warm and Natural batting and muslin instead of the stabilizer)
- Scraps of tearaway stabilizer
- Black prewound bobbins or bobbin thread wound on a bobbin
- Zen Quilting Workbook (Optional)
- Basic sewing supplies like scissors, seam ripper, glass head pins, etc.
- Your sewing machine and its accessories. Machine's knee lift is you have one. If your machine has automatic presser foot lift when needle is down than you do not need the knee lift.

### **Preparation for ZIA on Your Sewing Machine**

- Cut cotton fabric into 1 or 2 into 12" squares.
- Press No Show Mesh Fusible White Stabilizer to the back of the 12" fabric square
- If you are using batting instead of stabilizer then make a quilt sandwich by layering the cotton fabric, batting, and muslin. Use KK2000 spray adhesive to stick the layers together
- Thread machine needle with Sulky 30 wt black thread and black bobbin thread in bobbin.
- Put new Microtex 80 needle in machine

If you have any questions, please contact me! I much prefer questions prior to class rather than having you or anyone else guess.